

# Are you an essential worker going into homes?

We recommend you ask these *three* questions to protect your health

**Is anyone in the household is currently sick?** (doesn't matter what the illness is).

If so:

- Do not enter the household
- Wait to enter until everyone is well and the home has been disinfected.

**Is anyone in the household is currently in quarantine?** (meaning they were told by the health department to stay home because they were a close contact to someone who has the virus, they recently returned from somewhere with community transmission, or they have been tested for COVID-19 and are awaiting their results).

If so:

- Do not enter the household.
- Wait to enter until the quarantine has been lifted and the home has been disinfected (generally 14 days).

**Is anyone in the household is in self-isolation?** (meaning that they have active COVID-19).

If so:

- Do not enter the household
- Wait until self-isolation has been lifted meaning the household member has been told by the health department that they are no longer contagious, and the house has been disinfected (time varies, but a minimum of 7 days) .